**Behaviour Assessment Form**To provide you and your dog with the best possible support, please fill out this form before your assessment.  
Your answers give me a clearer understanding of your dog’s background, behaviour and daily life – which helps us focus on the right areas from the start.

The goal is to create a plan that is tailored to your dog’s individual needs and emotional state.  
The more detailed you are in your responses, the better I can support you both.

**You can choose whether you prefer to fill out the form and email it to me in advance – or print it and bring it with you to the session.**

**Basic Information About Your Dog**  
• **Name:**  
• **Age:**  
• **Breed(s):**  
• **Gender:**  
• **Neutered/Spayed:**

Please answer the questions below before your assessment. Your answers help me tailor the support and training to your dog's needs.

# 1. Description of the Behaviour Problem

* - Which behaviour(s) would you like help with?
* - When did you first notice these behaviours?
* - How often does the behaviour occur?
* - In what situations does it occur?
* - How does the behaviour affect your everyday life?
* - Has your dog shown warning behaviours like growling, snapping, or biting? In which situations?
* - Have you already tried anything to address the behaviour? What have you tried and how did it work?

# 2. Dog’s Life Situation & Environment

* - What is your living environment like? (e.g. apartment, house, rural, urban)
* - Who lives in the household?
* - Are there other animals in the household?
* - How long has the dog lived with you?
* - What do you know about the dog's previous life (e.g. shelter, street, previous homes)?

**3. Daily Life & Routines**

* - What does a typical day look like for your dog (rest, food, walks, activities)?
* - How long is your dog left alone each day?
* - How is your dog mentally stimulated (scent work, problem-solving, etc.)?
* - Does your dog have a safe space to retreat to?
* - How can you tell your dog feels safe?

# 4. Training Background & Communication

* - Has your dog attended any training (puppy, basic obedience, other)?
* - Have you done any training on your own? If yes, what kind?
* - What works best as a reward for your dog (treats, play, praise)?
* - When is it easy to get your dog's attention?
* - When is it difficult to get your dog's attention?
* - Do you use any specific signals or routines for security and focus?

# 5. Reactions to Dogs & People

* - How does your dog react to other dogs – on leash, off leash, at a distance?
* - How close can another dog get before your dog reacts?
* - What do you do to prevent or redirect reactions?
* - How does your dog recover after an encounter?
* - In what environments are dog encounters easiest or hardest?
* - How does your dog react to unfamiliar people – outside and at home?
* - Are there specific types of people that trigger reactions (e.g. children, elderly, backpacks)?
* - What happens if someone tries to pet your dog?
* - How do you handle situations where people want to greet your dog?

# 6. Sound Sensitivity & Alertness

* - What triggers your dog indoors (noises, doors, movements)?
* - How can you tell your dog is becoming stressed?
* - How long does it take for your dog to calm down?
* - Have you done anything to reduce noise or prevent barking?

# 7. Resource Guarding

* - What items does your dog guard?
* - How do you notice guarding is starting (staring, stiff body, growling)?
* - How often does this happen and in what situations?
* - How do you currently handle the situation?
* - Has using a trade (e.g. swap with treat) worked?

# 8. Stress & Recovery

* - Which situations are known to be difficult for your dog?
* - When during the day is your dog most stressed?
* - How do you notice your dog is escalating in stress?
* - What do you do to help your dog recover?
* - How long does it typically take for your dog to return to balance?

# 9. Goals & Motivation

* - What would your ideal everyday life with your dog look like?
* - What are the most important changes to start with?
* - How much time can you dedicate to training each day?
* - What would it mean to you – and to your dog – to reach your goals?